



PMEX UPDATE


SELL	
	CRUDE10-JA26
55.86	-1.43%
Expiry	18/Dec/25
Remaining	2 Days
Entry	56.2 - 56.05
Stoploss	56.67
Take Profit	55.85 - 55.4


SELL	
	NGAS1K-JA26
3.9370	-1.87%
Expiry	26/Dec/25
Remaining	10 Days
Entry	3.981 - 3.965
Stoploss	4.03
Take Profit	3.915 - 3.88


SELL	
	GO10Z-FE26
4,319.10	-0.37%
Expiry	28/Jan/26
Remaining	43 Days
Entry	4340 - 4335
Stoploss	4355.25
Take Profit	4325 - 4315


SELL	
	SL10-MA26
63.18	-0.65%
Expiry	25/Feb/26
Remaining	71 Days
Entry	62.758 - 62.696
Stoploss	62.91
Take Profit	62.167 - 61.617


BUY	
	PLATINUM5-JA26
1,852.20	1.40%
Expiry	29/Dec/25
Remaining	13 Days
Entry	1840 - 1842
Stoploss	1835.06
Take Profit	1861 - 1870


SELL	
	COPPER-MA26
5.3750	-0.68%
Expiry	25/Feb/26
Remaining	71 Days
Entry	5.3954 - 5.3757
Stoploss	5.43
Take Profit	5.3464 - 5.3184


SELL	
	ICOTTON-MA26
63.88	-0.09%
Expiry	19/Feb/26
Remaining	65 Days
Entry	64.08 - 64.05
Stoploss	64.27
Take Profit	63.97 - 63.9

SELL	
	DJ-DE24
48,437	-0.05%
Expiry	18/Dec/25
Remaining	2 Days
Entry	48507 - 48483
Stoploss	48603.93
Take Profit	48387 - 48345

SELL	
	SP500-DE24
6,816	-0.10%
Expiry	18/Dec/25
Remaining	2 Days
Entry	6806 - 6800
Stoploss	6821.16
Take Profit	6785 - 6775

SELL	
	NSDQ100-DE24
25,047	-0.18%
Expiry	18/Dec/25
Remaining	2 Days
Entry	25188 - 25160
Stoploss	25259.40
Take Profit	25078 - 25024

SELL	
	GOLDUSDJPY-JA25
154.80	-0.28%
Expiry	29/Dec/25
Remaining	13 Days
Entry	154.88 - 154.84
Stoploss	155.24
Take Profit	154.56 - 154.35

BUY	
	GOLDEURUSD-JA26
1.1766	0.10%
Expiry	29/Dec/25
Remaining	13 Days
Entry	1.1761 - 1.1763
Stoploss	1.174
Take Profit	1.1782 - 1.1799

Major Headlines

Oil slips below \$60 on Russia-Ukraine peace deal talks, weak China data

Oil prices fell more than \$1 on Tuesday to below \$60 a barrel - the lowest since May this year - as prospects for a Russia-Ukraine peace deal appeared to strengthen, raising expectations of a potential easing of sanctions. Brent crude futures fell \$1.11, or around 1.8%, to \$59.45 a barrel at 1023 GMT, while U.S. West Texas Intermediate crude was trading at [see more...](#)

Gold Bulls Are Still Swinging, but the Ceiling Isn't Giving Up Easily

Gold is pushing right back into the zone where optimism and exhaustion tend to collide. With higher-timeframe resistance directly overhead, today is all about whether buyers can finally break through or whether we set up for another reset. Momentum is there, but conviction isn't yet strong enough to take out major resistance. The market hesitated, however, not reversed. But today, buyers refused to stay defensive. [see more...](#)

U.S. stock futures sink; caution ahead of nonfarm payrolls

Much of Tuesday's attention will be on the release of nonfarm payrolls data for November, with the print being delayed due to disruptions caused by a government shutdown in October and early-November. The print will be closely watched for more signs of immediate cooling in the labor market, which has been seen steadily deteriorating in recent months. The payrolls print also comes just days before CPI data for [see more...](#)

USD/JPY weakens to near 155.00 amid BoJ rate hike bets, US data awaited

The USD/JPY pair loses traction to around 155.10 during the early Asian session on Tuesday. The Japanese Yen (JPY) edges higher against the US Dollar (USD) amid the expectation that the Bank of Japan (BoJ) will raise interest rates at the upcoming policy meeting on Friday. Traders will closely monitor key US economic data, including Nonfarm Payrolls (NFP), Retail Sales, and Purchasing Managers Index (PMI), which are due later on Tuesday. [see more...](#)

EUR/USD wavers near highs ahead of US employment data

EUR/USD has pulled back from session highs at 1.1764, and is trading practically flat on the daily chart, at 1.1755 at the time of writing. Weaker-than-expected preliminary Manufacturing and Services Purchasing Managers Indexes (PMIs) data put some pressure on the pair earlier on the day, although downside attempts remain limited so far. Services activity in the Eurozone slowed down to a 52.6 level, as measured by the [see more...](#)

November Nonfarm Payrolls set to show subdued hiring conditions as markets monitor Fed rate path

Tuesday's US employment report will be unusual, covering data for both October and November. October's data won't be complete as the BLS will only release indicators from the establishment survey due to collection issues caused by the government shutdown. Economists expect Nonfarm Payrolls to rise by 50,000 in November. Markets also eagerly await the October figure after the 119,000-job gain seen in September. [see more...](#)

Economic Calendar

Event	Date	Time	Currency	Importance	Actual	Forecast	Previous
Average Hourly Earnings (MoM) (Nov)	16/12/2025	6:30 PM	USD	High volatility		0.30%	0.20%
Core Retail Sales (MoM) (Oct)	16/12/2025	6:30 PM	USD	High volatility		0.20%	0.30%
Nonfarm Payrolls (Nov)	16/12/2025	6:30 PM	USD	High volatility		40K	119K
Retail Sales (MoM) (Oct)	16/12/2025	6:30 PM	USD	High volatility		0.10%	0.20%
Unemployment Rate (Nov)	16/12/2025	6:30 PM	USD	High volatility		4.50%	4.40%
S&P Global Manufacturing PMI (Dec)	16/12/2025	7:45 PM	USD	High volatility		52	52.2
S&P Global Services PMI (Dec)	16/12/2025	7:45 PM	USD	High volatility		54	54.1

FOREX MARKETS' STATISTICS

Forex Market Hours

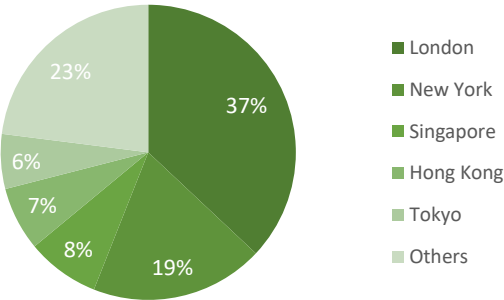


Note: This chart shows the normal forex trading times of all the major forex trading centers across the globe in Pakistan Standard Time.

Forex Turnover by Counterparty



Markets' Share in Total Forex Turnover



Most Traded Currency Pairs



Sources: ACPL Research, Forexmarkethours, Dailyfx, Ig

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DISCLOSURE

Following exchange rates are used to convert investment and profit values:

- USD/PKR: 282.10
- JPY/PKR: 1.97

To arrive at our Target Price, Abbasi & Company (Private) Limited uses following methods:

- Technical Analysis
- Fundamental Analysis

Furthermore, profit and returns are inclusive of all expenses including PMEX Fee, ACPL Fee & Sales Tax

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